GASSO 3N ARRIVAL										
Serial number	Path Descriptor	Waypoint Identifier	Fly-over	Course °M(°T)	Magnetic Variation	Distance (km)	Turn Direction	Altitude (m)	Speed limit (km/h)	Nav Spec
010	IF	GASSO	–	–	+2	–	–	–	–	RNAV 1
020	TF	MEKAP	–	328(326.2)	+2	41.18	–	+FL140	–	RNAV 1
030	TF	MORKO	–	298(296.4)	+2	49.69	–	+FL140	-465	RNAV 1
040	TF	NB383	–	312(310.3)	+2	14.95	–	–	–	RNAV 1
050	TF	NB382	–	289(287.2)	+2	14.98	–	–	–	RNAV 1
060	TF	NB381	–	266(264.1)	+2	14.97	–	+FL140	–	RNAV 1
070	TF	NIXEV	–	165(162.6)	+2	17.57	–	–	–	RNAV 1
080	TF	SUBUP	–	165(162.6)	+2	19.98	–	-2150	-410	RNAV 1
090	TF	SALOB	–	137(134.7)	+2	14.43	–	+1500	-370	RNAV 1
100	TF	NB462	–	109(107.1)	+2	11.68	–	+1200	-370	RNAV 1

DOKLA 3N ARRIVAL										
Serial number	Path Descriptor	Waypoint Identifier	Fly-over	Course °M(°T)	Magnetic Variation	Distance (km)	Turn Direction	Altitude (m)	Speed limit (km/h)	Nav Spec
010	IF	DOKLA	–	–	+2	–	–	–	–	RNAV 1
020	TF	MEKAP	–	359(356.5)	+2	36.09	–	+FL140	–	RNAV 1
030	TF	MORKO	–	298(296.4)	+2	49.69	–	+FL140	-465	RNAV 1
040	TF	NB383	–	312(310.3)	+2	14.95	–	–	–	RNAV 1
050	TF	NB382	–	289(287.2)	+2	14.98	–	–	–	RNAV 1
060	TF	NB381	–	266(264.1)	+2	14.97	–	+FL140	–	RNAV 1
070	TF	NIXEV	–	165(162.6)	+2	17.57	–	–	–	RNAV 1
080	TF	SUBUP	–	165(162.6)	+2	19.98	–	-2150	-410	RNAV 1
090	TF	SALOB	–	137(134.7)	+2	14.43	–	+1500	-370	RNAV 1
100	TF	NB462	–	109(107.1)	+2	11.68	–	+1200	-370	RNAV 1

2. HOLDING PROCEDURE

Holding Fix	Inbound Course °M(°T)	Magnetic Variation	Time (min)	Turn Direction	Altitude (m)	Speed limit (km/h)	Nav Spec
KADGA	118(116.0)	+2	1 ≤ FL140 1.5 > FL140	R	+FL120	425 ≤ FL140 445 > FL140	RNAV 1
TUSPO	232(230.0)	+2	1 ≤ FL140 1.5 > FL140	R	+2150	425 ≤ FL140 445 > FL140	RNAV 1
MEKAP	298(296.0)	+2	1 = FL140 1.5 > FL140	R	+FL140	425 = FL140 445 > FL140	RNAV 1
IBITO	318(316.0)	+2	1.5	L	+FL150	445	RNAV 1